



WE CAN HELP.
Receiving services
is easy!

You may refer yourself to our program or have a school teacher/nurse/counselor contact us if:.

- You are 20 years of age or younger
- You live within District 300 boundaries.
- You are pregnant or parenting a child under the age of 3

We can be contacted by phone or e-mail if you are interested in the services. We will then set up an initial visit at your home or at school so you may meet us and find out more about our program.

The program is voluntary and you can enroll at any time during your pregnancy up until your child turns three years of age.

You are your child's first and most important teacher!

This program is completely voluntary and you can enroll or exit the program at any time.

Please contact us at any time to discuss our programs or set up an initial visit so you may learn more about our program.

**Community Unit School District 300
Parents As Teachers Birth - Three
Program**

deLacey Family Education Center
50 Cleveland Ave.

Carpentersville, IL 60110

Alison Morton or Sonja Russell

224-484-2308 or 224-484-2307

Fax: 847-426-1453

Or

e-mail at:

Alison.morton@d300.org or

Sonja.russell@d300.org

All voicemails or e-mails are confidential!

Now Enrolling



Community Unit School
District 300
Parents As Teachers
Young Parent
Birth - Three Program



Remember: The earlier you start learning about your baby, the better start you give him!

Some of the topics pregnant participants will learn about are: How your baby is developing, what to expect at Dr. visits, how to eat well for baby, breastfeeding, labor and delivery, cost of raising a baby, caring for a newborn, and other topics. We will answer any questions you may have - remember- there is never a stupid question you can ask us!

After baby is born we will continue to meet with you. We will give you information about your baby's development- what to expect and how to help baby continue to move on to the next developmental step. We will show you different activities you can do with your child based on his age. Playgroups will allow your child time to be around other children while you are able to network with other parents.

It is our goal to support you, educate you, and help you reach your parenting goals through your pregnancy and your child's first three years

Parents As Teachers Young Parent Program provides the following services to qualified applicants:

Periodic Home Visits

- A certified Parent Educator will visit your home, or school bi-weekly. We will share information on good prenatal care and nutrition for pregnant moms. Information on child development will be shared based on each child's age. Activities for the child will be modeled and practiced.

Group Meetings and Playgroups

- Will be held at Dundee-Crown high school during CUP on Thurs. and evenings at deLacey. We will talk about parenting. You will also have the chance to network with other young parents. We will hold Parent Cafe's at deLacey. Child care and dinner will be provided. We also work with students at all other D300 schools.

Developmental Screenings

- A developmental screening will be done with your child at regular intervals until your child reaches three years of age. The Ages and Stages Questionnaire will be used to determine if further screenings are needed and referrals to the appropriate agencies will be made.

Resource and Referral

- We can refer you and your child to appropriate resources in the community based on your needs.

Baby Bucks Program

- Each time you complete a home visit, attend a group, show proof you visited WIC, etc. you earn a baby buck toward free baby necessities such as diapers, wipes, etc. The more you participate the more you can earn free! (The baby bucks program runs as long as our funds last each school year)